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| April Kindness Calendar |  |
| 2020 | |
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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  | 1 | 2 | 3 | 4 |
|  |  |  | Write a thank you note to someone special. | Draw a picture for a friend or family member. | Let someone else go “first” in your family. | Help make food for your family. |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| Pick up 3 pieces of litter in your community (wash your hands!) | Do a chore for someone in your family. | Teach a family member something that you are good at! | **Smile at everyone you see today!** | Cheer someone up with a silly face or joke. | Hold the door open for someone in your family. | Tell someone you care about that you love them and why they are special to you. |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| Call a family member on the phone/I-pad. | Read a book to someone. | Make someone’s bed for them. | Give everyone you see or meet a compliment today. | Take the day to not complain about anything. | Reduce your water and electricity use today. | Be a good listener. |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| Reuse old socks to make funny sock puppets. Put on a show for your parents. | Clean up someone else’s mess. | Write a kind chalk message on the sidewalk or deliver your neighbor a picture. | Do something kind for the Earth (plant a seed, make a bird house, clean up garbage, etc). | Make a family member breakfast in bed. | Offer help to someone. | Take the time to appreciate a sunset/sunrise with someone you love. |
| 26 | 27 | 28 | 29 | 30 |  |  |
| Clean up your room or another room in the house without being asked 😊 | Make a thank you sign for sanitation workers when they come to pick up your garbage/  recycling. | Write a letter to a soldier overseas or a veteran. | Be kind to yourself today! | Learn hello in another language. |  |  |